
















NOVEMBER 2022



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director Cecilia Dunithan : Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>November 6th</p>	<p>1</p> <p>10:30 UNITED FOR CHRIST MINISTRIES= D 1:30 SNACK CART = S 2:30 WHAT IS YOUR FAVORITE SPORT'S TEAM= D</p> <p>SHOW YOUR TEAM SPIRIT!</p>	<p>2</p> <p>10:30 CARD GAMES= D 1:30 SNACK CART = S 3:00 CRAFTING FUN= R</p> 	<p>3</p> <p>10:30 CONCENTRATION CHALLENGE= D 1:30 SNACK CART= S 3:00 DEBBIE AND FRIENDS = D 7:00 MOVIE OF CHOICE=B</p> <p>THINK ABOUT IT</p>	<p>4</p> <p>11:00 SUNSHINE GAL= D 1:30 SNACK CART= S 2:30 BINGO=D 3:45 PEANUT BUTTER FUN! =R</p> <p>NATIONAL PEANUT BUTTER MONTH!</p>	<p>5</p> <p>10:30- 4:00 VISITATIONS AND ZOOMS</p> <p>10:00 SOOTHING MELODIES WITH STEVE = D</p> <p>2:30 CHURCH OF THE LIVING WORD = D</p>
<p>6</p> <p>10:00a.m.-4:00p.m. VISITATIONS & ZOOMS</p> <p>2:00-4:00 CHURCH WITH DANIEL AND DAVE=D</p> 	<p>7</p> <p>11:00 RESIDENT COUNCIL = D 1:30 SNACK CART = S 2:30 BINGO= D</p> <p>BINGO!</p>	<p>8</p> <p>10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART = D 2:30 COOKING CLASS=R NAVY BEANS</p> 	<p>9</p>  <p>10:30 MASTER GARDNERS= D 1:30 SNACK CART = S 3:00 FALL TREE TISSUE PAPER CRAFT= R</p>	<p>10</p> <p>10:30 CONCENTRATION CHALLENGE=D 1:30 SNACK CART = S 3:00 DEBBIE AND FRIENDS = D 4:00 VANILLA CUPCAKE =R</p> <p>NATIONAL VANILLA CUPCAKE DAY!</p>	<p>11 VETERANS DAY!</p>  <p>10:30 VETERANS DAY APPRECIATION = D</p> <p>1:30 SNACK CART = S 2:30 BINGO =D</p> <p>EAT IN DAY!</p>	<p>12</p> <p>10:30- 4:00 VISITATIONS AND ZOOMS</p> <p>10:00 SOOTHING MELODIES WITH STEVE = D</p> <p>2:30 RESIDENT BINGO = B</p>
<p>13</p> <p>10:00a.m.-4:00p.m. VISITATIONS & ZOOMS</p> <p>2:00-4:00 CHURCH WITH DANIEL AND DAVE=D</p> 	<p>14</p> <p>11:00 SISTERS IN SPIRIT=D 1:30 SNACK CART = S 2:30 BINGO = D</p> <p>BINGO!</p>	<p>15</p> <p>10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART = S 2:30 MAGIC SHOW = D</p> 	<p>16</p> <p>10:30 MUSIC MELODIES WITH JAY = D</p> <p>1:30 SNACK CART = S 2:30 TRIVA CHALLENGE= D</p> <p>NATIONAL TRIVIA DAY!</p>	<p>17</p> <p>10:30 CONCENTRATION CHALLENGE=D 1:30 SNACK CART = S 3:00 DEBBIE AND FRIENDS = D 7:00 MOVIE OF CHOICE = B</p> <p>THINK ABOUT IT</p>	<p>18</p> <p>10:30 COOKING CLASS=R APPLE CIDER</p> <p>1:30 SNACK CART = S 2:30 BINGO =D 3:45 MICKEY MOUSE TRIVIA=D</p> 	<p>19</p> <p>10:30- 4:00 VISITATIONS AND ZOOMS</p> <p>10:00 SOOTHING MELODIES WITH STEVE = D</p> <p>2:30 RESIDENT BINGO = B</p>
<p>20</p> <p>10:00a.m.-4:00p.m. VISITATIONS & ZOOMS</p> <p>2:00-4:00 CHURCH WITH DANIEL AND DAVE=D</p> 	<p>21</p> <p>10:30 WORLD TELEVISION DAY! = D</p> <p>1:30 SNACK CART = S 2:30 BINGO=D 3:45 PUMPKIN PIE TREAT!= R</p> <p>PUMPKIN PIE DAY!</p>	<p>22</p> <p>10:30 UNITED FOR CHRIST MINISTRIES = D 1:30 SNACK CART = S 2:30 THANKSGIVING JINGO = D</p> 	<p>23</p> <p>1030 MASTER GARDNERS= D 1:30 SNACK CART=S 2::30 MANICURES = D</p> 	<p>24</p>  <p>VISITATIONS AND ZOOMS</p>	<p>25</p> <p>10:30 WII BOWLING = D 1:30 SNACK CART = S 2:30 BINGO =D</p> <p>EAT IN DAY!</p>	<p>26</p> <p>10:30- 4:00 VISITATIONS AND ZOOMS</p> <p>10:00 SOOTHING MELODIES WITH STEVE = D</p> <p>2:30 RESIDENT BINGO=B</p>
<p>27</p> <p>10:00a.m.-4:00p.m. VISITATIONS & ZOOMS</p> <p>2:00-4:00 CHURCH WITH DANIEL AND DAVE=D</p>	<p>28</p> <p>10:30 ALL DAY BINGO MARATHON= D 1:30 SNACK CART = S 2:30 ALL DAY BINGO MARATHON = D</p> <p>BINGO!</p>	<p>29</p> <p>10:30 UNITED FOR CHRIST MINISTRIES= D 1:30 SNACK CART = S 3:30 RESIDENT BIRTHDAY VISIT WITH BUBBLES THE CLOWN! =S</p> 	<p>30</p> <p>10:30 CHAIR YOGA = D 1:30 SNACK CART = S 2:30 MASON JAR CRAFTS = R</p> <p>NATIONAL MASON JAR DAY!</p>	<p>Owned and operated by VIRGINIA HEALTH SERVICES</p>	<p>Activities are subject to change</p>	<p>Dining Room =D Botetourt Room=B Strolling=S Courtyard=C Recreation Room=R Conference Room=CR</p>