



SEPTEMBER 2022



WALTER REED NURSING AND REHABILITATION CENTER

Julie P. Boothe : Recreation Director

Ceceila Dunathon: Assistant Recreation Director

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Owned and operated by VIRGINIA HEALTH SERVICES	Activities are subject to change			1 9:30 SNACK CART=S 10:30 CONCENTRATION CHALLENGE=D 3:00 DEBBIE AND FRIENDS=D 7:00 MOVIE OF CHOICE =B CONCENTRATE	2 9:30 SNACK CART=S 10:30 MANICURES=D 2:30 BINGO=D BINGO!	3 10:30- 4:00 VISITATIONS AND ZOOMS 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 RESIDENT HOSTED BINGO=B
4 10:00a.m.-4:00p.m. VISITATIONS & ZOOMS 2:00-4:00 CHURCH WITH DANIEL AND DAVE=D 	5 2:30 RESIDENT HOSTED BINGO=D	6 NATIONAL ICE CREAM COFFEE DAY 9:30 SNACK CART=S 10:30 UNITED FOR CHRIST MINISTRIES=D 2:30 RESIDENT COUNCIL=D 3:00 ICE CREAM COFFEE TREAT=D 	7 NATIONAL BEER LOVERS DAY 9:30 SNACK CART=S 10:30 UNO=D 2:30 BINGO=D 3:45 WHAT IS YOUR FAVORITE BEER?=D 4:15 GOSPEL MUSIC WITH ARTHUR HARRIS=D	8 9:30 SNACK CART=S 10:30 CONCENTRATION CHALLENGE=D 3:00 DEBBIE AND FRIENDS=D 7:00 MOVIE OF CHOICE =B 	9 9:30 SNACK CART=S 11:00 SUNSHINE GAL=S 2:30 BINGO =D 	10 10:30- 4:00 VISITATIONS AND ZOOMS 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 RESIDENT HOSTED BINGO=B
11 NATIONAL GRAND-PARNET'S DAY 10:00a.m.-4:00p.m. VISITATIONS & ZOOMS 2:00-4:00 CHURCH WITH DANIEL AND DAVE=D	12 9:30 SNACK CART=S 11:00 SISTERS IN SPIRIT=D 2:30 BINGO=D 3:45 GET TO KNOW YOUR FRIEND=D 	13 9:30 SNACK CART=S 10:30 UNITED FOR CHRIST MINISTRIES=D 2:30 BLIND NUT TASTING=D HAPPY NATIONAL PEANUT DAY!	14 9:30 SNACK CART=S 10:30 MASTER GARDNERS=R 2:30 BINGO=D 3:45 PERSONAL VISITS=R 	15 9:30 SNACK CART=S 10:30 CONCENTRATION CHALLENGE=D 3:00 DEBBIE AND FRIENDS=D 7:00 MOVIE OF CHOICE =B 	16 9:30 SNACK CART=S 10:30 CHAIR YOGA=D 2:30 BINGO =D 3:45 DISCUSSION BALL=D BINGO!	17 <u>11:00am- 2:00pm</u> UFC CARNIVAL PARTY 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 RESIDENT HOSTED BINGO=D
18 10:00a.m.-4:00p.m. VISITATIONS & ZOOMS 2:00-4:00 CHURCH WITH DANIEL AND DAVE=D 	19 9:30 SNACK CART=S 10:30 TABOO=D 2:30 BINGO=D 3:45 SEEK AND GREET=D BINGO!	20 NATIONAL APPLE DUMPLING DAY 9:30 SNACK CART=S 10:30 UNITED FOR CHRIST MINISTRIES=D 3:00 LETS MAKE SOMETHING WITH APPLES=D	21 9:30 SNACK CART=S 10:30 MUSIC MELODIES WITH JAY=D 2:30 BINGO=D 3:45 PERSONAL VISITS=R 	22 NATIONAL ICE CREAM CONE DAY 9:30 SNACK CART=S 10:30 CONCENTRATION CHALLENGE=D 3:00 DEBBIE AND FRIENDS=D 4:15 ICE CREAM CONES=D	23 9:30 SNACK CART=S 10:30 TRY YOUR LUCK HUNTING GAME=D 2:30 BINGO =D 	24 10:30- 4:00 VISITATIONS AND ZOOMS 10:00 SOOTHING MELODIES WITH STEVE=D 2:30 RESIDENT HOSTED BINGO=D
25 10:00a.m.-4:00p.m. VISITATIONS & ZOOMS 2:00-4:00 CHURCH WITH DANIEL AND DAVE=D 	26 9:30 SNACK CART=S 10:30 ALL DAY BINGO MARATHON=D 2:30 ALL DAY BINGO MARATHON=D BINGO!	27 9:30 SNACK CART=S 10:30 UNITED FOR CHRIST MINISTRIES=D 2:30 RESIDENT BIRTHDAY JINGO=D 	28 9:30 SNACK CART=S 10:30 MASTER GARDNERS=R 2:30 BINGO=D 3:45 MANICURES=D 	29 9:30 SNACK CART=S 10:30 CONCENTRATION CHALLENGE=D 3:00 DEBBIE AND FRIENDS=D 7:00 MOVIES OF CHOICE=B 	30 9:30 SNACK CART=S 10:30 HYMN SING ALONG=D 2:30 BINGO =D BINGO!	Dining Room =D Botetourt Room=B Strolling=S Courtyard=C Recreation Room=R Conference Room=CR