

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2022

The Arbors Independent Living

<p>Independent Activity 4</p> <p>2:00 Church Service (CC)* 7:00 Movie of the Day (THR)*</p>		<p>5 10:00 Therapeutic Exercise (CC) 11:00 Food Lion (Outing)* 3:30 Happy Hour (CC)*</p>	<p>6 10:00 Therapeutic Exercise (CC) 11:00 Mary M. Torggler Fine Arts Center (Outing)* 1:00 Crafts (3rd Floor) 2:00 Memoir Writing Workshop (CC)*</p>	<p>7 10:00 Chair Zumba w/Peggy (CC) 1:00 Prize Bingo (CC)* 3:30 Happy Hour (CC)*</p>	<p>8 10:00 Therapeutic Exercise (CC) 11:00 Harris Teeter (Outing)* 2:00 Art w/ Emily (CC)* 7:00 Friday Night Movie/Popcorn (THR)*</p>	<p>9 Independent Activity 10</p> <p>7:00 Bingo (CC)*</p>
<p>Independent Activity 11</p> <p>2:00 Church Service (CC)* 7:00 Movie of the Day (THR)* <small>Grandparents Day</small></p>	<p>12 10:00 Therapeutic Exercise (CC) 11:00 Making Beaded Jewelry (CC)* 1:00 Dollar Bingo (CC)* 2:30 National Chocolate Milkshake Social (CC)*</p>	<p>13 10:00 Therapeutic Exercise (CC) 11:00 Harris Teeter (Outing)* 1:00 Candy Bar w/ Games (CC)* 3:30 Happy Hour (CC)*</p>	<p>14 10:00 Therapeutic Exercise (CC) 1:00 Crafts (3rd Floor) 2:00 Monthly Birthday Social w/Music by Jack Gorman (DR)*</p>	<p>15 10:00 Chair Zumba w/Peggy (CC) 1:00 Prize Bingo (CC) 1:00 to 3:00 Dunkin Booth/Chef & Ora (Outside) 3:30 Happy Hour (CC)*</p>	<p>16 10:00 Therapeutic Exercise (CC) 12 to 2- 50's Party w/ Taco Bar (CC)* 7:00 Friday Night Movie/Popcorn (THR)*</p>	<p>Independent Activity 17</p> <p>7:00 Bingo (CC)* <small>Oktoberfest Begins</small></p>
<p>Independent Activity 18</p> <p>2:00 Church Service (CC)* 7:00 Movie of the Day (THR)*</p>	<p>19 10:00 Therapeutic Exercise (CC) 11:00 Making Beaded Jewelry (CC)* 1:00 Bingo (CC)* 2:30 Ice Cream Cone Social (CC)*</p>	<p>20 10:00 Therapeutic Exercise (CC) 11:00 Walmart (Outing)* 3:30 Happy Hour (CC)*</p>	<p>21 10:00 Therapeutic Exercise (CC) 11:30 The Cove Tavern Restaurant (Outing)* 1:00 Crafts (3rd Floor) 2:00 Memoir Writing Workshop (CC)*</p>	<p>22 10:00 Chair Zumba w/Peggy (CC) 1:00 Prize Bingo (CC)* 3:30 Happy Hour (CC)* <small>Autumn Begins</small></p>	<p>23 10:00 Therapeutic Exercise (CC) 2:00 Art w/ Emily (CC)* 7:00 Friday Night Movie/Popcorn (THR)*</p>	<p>Independent Activity 24</p> <p>7:00 Bingo (CC)*</p>
<p>Independent Activity 25</p> <p>2:00 Church Service (CC)* 7:00 Movie of the Day (THR)* <small>Rosh Hashanah Begins</small></p>	<p>26 10:00 Therapeutic Exercise (CC) 11:00 Making Beaded Jewelry (CC)* 1:00 Bingo (CC)* 2:00 Art w/ Marcella (CC)*</p>	<p>27 10:00 Therapeutic Exercise (CC) 11:00 Dollar Tree (Outing)* 3:30 Happy Hour (CC)*</p>	<p>28 10:00 Therapeutic Exercise (CC) 12:00 to 2:00 Rosie's Gaming Emporium (Outing)* 1:00 Crafts (3rd Floor)</p>	<p>29 10:00 Chair Zumba w/Peggy (CC) 1:00 Prize Bingo (CC)* 3:30 Happy Hour (CC)*</p>	<p>30 10:00 Therapeutic Exercise (CC) 1:00 National Hot Cider Day w/ Music by Beth & Ellen (DR)* 7:00 Friday Night Movie/Popcorn (THR)*</p>	<p><i>Please note that all life enrichment programs are subjects to change.</i></p>