



VHS | Rehabilitation
PHYSICAL • OCCUPATIONAL • SPEECH

Your best life is our mission.

VHS Rehabilitation is part of Virginia Health Services' continuum of care, which provides healthcare options for every stage of aging. We offer independent and assisted living communities, skilled long-term nursing and rehabilitation care, home health care, outpatient rehabilitation, and hospice care.



**VHS Rehabilitation
provides physical, speech
and occupational therapy
wherever you are.**

VHS Rehabilitation are the rehab experts. Our providers can be found delivering care in outpatient settings, skilled nursing and senior housing communities, schools, and hospitals.

Our team takes pride in their ability to return individuals to their highest levels of function. Programs are geared to each individual's needs. Our team of dedicated professionals can rebuild hope, confidence and self-respect in individuals.

757.594.0330

www.vahs.com/rehab

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OUR SERVICES

PHYSICAL THERAPY

- Orthopedic Rehab
- McKenzie Based Therapy
- Post Total Joint Replacement
- Therapeutic Exercise
- Post Stroke Program
- Lymphedema Therapy
- Neurological Rehab
- Pediatric Therapies
- Fall Risk Reduction
- Balance Retraining
- Modalities/Hydrotherapy
- Gait Training
- Pre/Post Amputation Program
- Prosthetic Training
- Orthotic Training
- Home Evaluations

OCCUPATIONAL THERAPY

- Cognitive/Perceptual Retraining
- Post Total Joint Replacement
- Post Stroke Program
- Neurological Rehab
- Splint Fabrication
- Pre/Post Amputation Program
- Prosthetic Training
- Fall Risk Reduction
- Orthotic Training
- Home Evaluations
- Pediatric Therapies

SPEECH THERAPY

- Communication Treatment
- Swallowing Dysfunctions
- Electrotherapy (VitalStim®)
- Cognitive/Perceptual Retraining
- Pediatric Therapies
- Post Stroke Program
- Neurological Rehab
- Hearing Assessment & Treatment
- Laryngectomy Rehabilitation
- Home Evaluations