



## VHS Home Health Care helps you get back to living your best life by providing skilled care in the safety and comfort of your home.

VHS Home Health Care coordinates your care with a team dedicated to getting you back to living your best life.

Our team of professionals includes nurses, therapists and social workers with one goal: to empower you to live as independently as possible. We train and educate you and your loved ones to help you gain independence.

As a continuum of care from a rehab or hospital setting, research shows receiving care at home with home health services can effectively help you get back to your best life. It is typically covered by Medicare and most commercial insurances.

# VHS | Home Health Care

Your best life is our mission.

Service areas include:

**Peninsula**

**Southside**

**Middle Peninsula**

VHS Home Health Care is part of Virginia Health Services' continuum of care, which provides healthcare options for every stage of aging. We offer independent and assisted living communities, skilled and long-term nursing and rehabilitation care, home health care, outpatient rehabilitation, and hospice care.



**757.534.9222**

[www.vahs.com/homehealthcare](http://www.vahs.com/homehealthcare)

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## OUR TEAM & SERVICES

Skilled Home Health Care services are provided by licensed trained professionals, including licensed nurses and certified nurse aides, physical, occupational and speech therapists and social workers. Our team takes a comprehensive approach to home health care, starting with personalized case management from admission to discharge. Our team members take pride in communicating and collaborating with the providers inside and outside our organization with one goal in mind: your care.

- Skilled Nursing at home
- Nurse On Call 24/7
- Social Worker
- Certified Home Health Aides
- Registered Dietician
- Physical, Occupational and Speech Therapy
- Home Infusion Therapy
- Pain Management
- Palliative Care
- Diabetes Education/Management

- Medication Management
- Pulmonary Disease Management
- Cardiovascular Disease Management
- Stroke Rehabilitation
- Post-Operative Care
- Joint Replacement Rehabilitation
- Wound/Ostomy Care

VHS Home Health Care does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission to, participation in its programs, services activities, or in employment. This statement is in accordance with the provisions of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and Regulation of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations Parts 80, 84, and 91.