

# York Nursing & Rehabilitation Center



## Helping you live your best life

York Nursing & Rehabilitation Center, an 80-bed facility located in York County, has private and semi-private accommodations. Our skilled team of RNs, LPNs and CNAs provide around-the-clock care.

The team at York Nursing & Rehabilitation Center wants to help individuals live their best life. We offer skilled nursing and long-term care, respite care and in-house rehabilitation services. The individual and their physician will determine what is the best fit.

From the start, our Residents and their families meet with our team members to establish a plan of care. A Resident Navigator will help introduce individuals and their loved ones to the facility and ease the transition process.

The interdisciplinary care plan team includes our nursing staff, social workers, recreational professionals, therapists and dietitians. The individuals in our care know from the time they arrive, they will be helped in living their best life.

A team of physical, occupational and speech therapists from VHS Rehabilitation will work with individuals to recover from injury or help with daily life skills.

### HAVE PEACE OF MIND WITH US

York Nursing & Rehabilitation Center offers many services to its Residents.

- 24/7 nursing staff
- Certified wound nurse
- Infection preventionist
- Dietary specialists
- Breakfast, lunch and dinner service
- Linen service
- Wi-fi throughout the building
- Onsite salon/barber
- Telemedicine available
- Activities team and regular recreational activities
- Laundry services are available (fee)
- Onsite rehabilitation therapy room
- Restorative programs to help maintain function
- Medication services provided by VHS Pharmacy
- No entrance or community fees
- Complimentary cable

**Call**  
**757-898-1491**  
**today for a**  
**personal tour**

Individuals seeking skilled care need post-acute care, and are often shorter-term stays. Those in skilled care often need physician-prescribed physical, speech and/or occupational therapy to recover from significant surgery, or a stroke, respiratory, heart or kidney issues, and need additional care after being discharged from a hospital. Individuals also may require wound care, injection therapies, monitoring of vital signs and medical equipment that can't be found in a home.

When care needs become too much to go home, our long-term care provides a safe environment. Residents in long-term care need daily help with toileting, dressing, bathing, eating and have ambulatory and other health issues that require constant care and supervision.

If an individual needs a brief recovery period following an illness, accident, surgery or other medical problem, Virginia Health Services offers respite – or short-term nursing – care. We also offer respite care for individuals whose families need additional care giving support during emergencies or vacations.

## York Nursing & Rehabilitation Center accepts

- Medicare
- Medicaid
- Private pay
- Most commercial insurances



VHS Rehabilitation provides physical therapy, speech therapy and occupational therapy services on-site. The VHS Rehabilitation team takes pride in its ability to return individuals to their highest levels of function.

Programs are individually geared to each individual's needs or requirements so that appropriate functional skills can be identified, learned and reinforced.

Our team of dedicated professionals can rebuild hope, confidence and self-respect in individuals in need of physical, occupational and speech therapy.

Give us a call at **757-898-1491** to schedule a personal tour of York Nursing & Rehabilitation Center. We are here to answer any questions and help you get started.

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